

**Coastal Horizons Center, Inc.**  
**Adventure Learning Center Goal Setting Sheet**

Please assist us in designing the best possible program to meet the needs of your group by completing the following worksheet. Please return this form along with your signed contract to:

**Coastal Horizons Center, Inc.**  
**Adventure Learning Center**  
**613 Shipyard Blvd. Suite 104**  
**Wilmington, NC 28412**

1. Please rank the following statements in order of importance (1-12) for your group to accomplish during their teambuilding day.

- \_\_\_\_\_ to increase positive communications with fellow students
- \_\_\_\_\_ to feel a sense of group accomplishment and feel good about achieving group goals
- \_\_\_\_\_ to learn more about each other
- \_\_\_\_\_ to demonstrate support and help coach one another
- \_\_\_\_\_ to build a sense of trust
- \_\_\_\_\_ to have an intellectually challenging experience
- \_\_\_\_\_ to have a physically challenging experience
- \_\_\_\_\_ to show respect for individual differences
- \_\_\_\_\_ to demonstrate capability of decision-making and goal-setting skills
- \_\_\_\_\_ to have a recreational experience
- \_\_\_\_\_ to work on stress management skills
- \_\_\_\_\_ other: \_\_\_\_\_

2. Why do you feel the statements you ranked as numbers 1, 2 and 3 are most important for your group?

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3. Are there any additional goals you would like your team to accomplish?

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Please feel free to contact Meredith Lott at (910) 392-7306 if you have any additional questions. Thank for your feedback.